

Guidelines for Inter State travelers to Karnataka during Phase Reopening (Unlock 1)

Is there any self-Registration required before entering to Karnataka?

Yes, there is a mandatory self-Registration on Seva Sindhu Portal. Link provided for reference : <https://sevasindhu.karnataka.gov.in/>

What are the mandatory information to be provided in Seva Sindhu

It is mandatory to provide Name, Address and Mobile number , However use of same mobile number for multiple registrations are not allowed except in the case of a family.

Should I have to self-Register only or is approval of my registration required?

No approval required, only self-registration is sufficient.

If I am a Business traveler, what is the information, I should provide?

In case of Business traveler, you should give Name, mobile number and address of the persons in Karnataka you intend.

I am a Transit traveler, what is the information, I should provide?

In case of Transit traveler, you should give Name, mobile number and address in a destination state and indicate exit check post from Karnataka.

Is there any Health screening of the persons at the entry point ?

Yes, there will be health screening of all the incoming persons at the Border Check-Posts, Airports , Railway Stations and Bus stands.

Is there any Quarantine norms on entering the State?

Yes, there will be mandatory Home Quarantine and authorities will do hand-stamping for 14-days quarantine. This norm is not applicable for person traveling from Maharashtra and person who is symptomatic.

I found to be Symptomatic on arrival from any state, what should I do?

If you are found Symptomatic on arrival from any State, you will be subject to :

1. 7 days of hospital Isolation at Covid Care Centre (CCC) /Dedicated Covid health Care (DCHC) followed by 7 days of Home quarantine (or more as per the symptoms)
2. You will be tested immediately on arrival, shifted to Dedicated Covid Hospital (DCH) if found positive.

If I am travelling from Maharashtra and I am Asymptomatic, what are the conditions applicable?

If you are coming from Maharashtra and you are Asymptomatic, you are mandated for below:

1. 7 days of Institutional Quarantine followed by 7 days of home quarantine. Test only if you develop any symptoms during this quarantine period. This is not applicable in case you belong to Special category.

What is Special category Asymptomatic person?

The Special category passengers include :

1. Death in the family
2. Pregnant Women
3. Children aged below 10 years
4. Elderly aged above 60 years
5. Serious illness
6. Human Distress

What are the exceptions for Special category Asymptomatic person travelling from Maharashtra ?

The Exceptions for Special category Asymptomatic person travelling from Maharashtra , they will be 14 days home quarantined (One attendant to be permitted).

I am Business traveler from Maharashtra, what are the mandatory proofs required?

To establish that one is a business traveler, person should show confirmed return flight/train ticket which should not be more than 7 days later from the date of arrival. In case one is coming by road, he/she should provide the address proof of person in Karnataka he intends to meet. In addition, the person should produce:

1. One having Covid negative test certificate which is not more than 2 days old- Exempted from quarantine
2. One does not have a Covid negative test certificate- such person should go for institutional quarantine of 2 days within which Covid test should be conducted at his/her own cost. After the test result is negative, person is exempted from quarantine.

I am travelling from Maharashtra and I have Covid negative test certificate from an ICMR, am I exempted from quarantine norms?

All travellers from Maharashtra who come with Covid negative test certificate from an ICMR approved lab which is not more than 2 days old from the date of arrival are exempted from 7 days of Institution Quarantine. They can be asked to go for 14 days of Home Quarantine.

I am a Transit traveller from Maharashtra, what are the norms I should follow?

To establish that one is a transit traveller from Maharashtra, person should show flight/train ticket for onward journey which should not be more than 1 day later from the date of arrival. In case one is travelling by road, he/she should provide the identity proof and address proof in destination state. Such traveller should be hand stamped if travelling by road as "Transit Traveller".

I am travelling from state other than Maharashtra and home Quarantine is not possible, what should I do?

For persons coming from state other than Maharashtra and where home Quarantine is not possible, then Institutional Quarantine should be done esp. when we have

1. Large family or no separate room for home Quarantine
2. Slum or overcrowded areas where home quarantine can not be followed

I am Business visitors from state other than Maharashtra and what are the quarantine norms for me?

To establish that one is a business traveller, person should show confirmed return flight/train ticket which should not be more than 7 days later from the date of arrival. In case one is coming by road, he/she should provide the address proof of Native State.

1. No Quarantine and
2. No hand stamping for business visitors from other states

I am Transit traveler from state other than Maharashtra and what are the quarantine norms for me?

To establish that one is a transit traveller, person should show flight/ train ticket for onward journey which should not be more than 1 day later from the date of arrival. In case one is travelling by road, he/she should provide the identity proof and address proof in destination state. Such traveller should be hand stamped if travelling by road as "Transit Traveller".

How is Home Quarantine monitored for persons entering the State except for Business visitors and transit travelers?

A. Rural Areas

1. Home Quarantine Poster will be fixed on home door.
2. Your quarantine Information will be given to two of your neighbours
3. Gram Panchayat Task Force with 3 Member team in every village will monitor to Home Quarantine persons
4. FIR against violation of Home Quarantine and such person will be shifted to Institutional Quarantine
5. BBMP will monitor their Health conditions with IVRS Call-centre outbound calls
6. Persons will also be monitored with the help of Quarantine watch App, which is a daily self-monitoring by uploading - Temperature, finger-tip pulse-oximetry for elderly and persons with co-morbidity.

B. BBMP and other Urban Areas

1. Home Quarantine Poster will be fixed on home door
2. Your quarantine Information will be given to two of your neighbours & Resident Welfare/ Aptt. Owner's Association.
3. Ward level team of 3 Member team at Booth level will monitor along with involvement of Resident Welfare /Apartment Owners' Associations
4. FIR against violation of Home Quarantine and such person will be shifted to Institutional Quarantine
5. BBMP will monitor their Health conditions with IVRS Call-centre outbound calls
6. Persons will also be monitored with the help of Quarantine watch App, which is a daily self-monitoring by uploading - Temperature, finger-tip pulse-oximetry for elderly and persons with co-morbidity

Note : All those who are in home quarantine or otherwise and develop symptoms similar to Covid-19 or Influenza Like Illness (ILI) should call 24 *7 free helpline APTHAMITRA to get telemedicine help and be directed to Fever Clinics for further assessment and Covid- 19 test.